

	LATIN NAME	ENGLISH NAME	REMARKS
327	SALSOLA KALI SSP KALI	PRICKLY SALTWORT	
328	SAMBUCUS NIGRA	ELDER	
329	SANGUISORBA MINOR SSP MURICATA	FODDER BURNET	
330	SAPONARIA OFFICINALIS	SOAPWORT	
331	SCROPHULARIA AURICULATA	WATER FIGWORT	
332	SCROPHULARIA SCORODONIA	BALM-LEAVED FIGWORT	NATIONALLY SCARCE LAKE MARGIN SX 086533
333	SCUTELLARIA GALERICULATA	SKULLCAP	
334	SEDUM ANGLICUM	ENGLISH STONECROP	
335	SEDUM ALBUM	WHITE STONECROP	
336	SENECIO JACOBAEA	RAGWORT	
337	SENECIO SYLVATICUS	HEATH GROUNDSEL	
338	SENECIO VULGARIS	GROUNDSEL	
339	SHERARDIA ARVENSIS	FIELD MADDER	
340	SIBTHORPIA EUROPAEA	CORNISH MONEYWORT	NATIONALLY SCARCE SX 084534
341	SILENE DIOICA	RED CAMPION	
342	SILENE UNIFLORA	SEA CAMPION	
343	SINAPSIS ARVENSIS	CHARLOCK	
344	SISON AMOMUM	STONE PARSLEY	BY SHIP INN SX 088535
345	SISYMBRIUM OFFICINALE	HEDGE MUSTARD	
346	SISYRINCHIUM BERMUDIANA	BLUE-EYED GRASS	SHIP INN CAR PARK VERGE
347	SOLANUM DULCAMARA	BITTERSWEET	
348	SOLANUM NIGRUM	BLACK NIGHTSHADE	
349	SMYRNIUM OLUSATRUM	ALEXANDERS	
350	SOLIDAGO GIGANTEA ssp SEROTINA	EARLY GOLDEN ROD	GARDEN ORIGIN SX 078532
351	SOLIDAGO VIRGAUREA	GOLDEN ROD	
352	SONCHUS ARVENSIS	PERENNIAL SOW-THISTLE	
353	SONCHUS ASPER	PRICKLY SOW-THISTLE	
354	SONCHUS OLERACEUS	SMOOTH SOW-THISTLE	
355	SPERGULA ARVENSIS	CORN SPURRY	
356	SPERGULARIA BOCCONEI	GREEK SEA-SPURRY	RED DATA BOOK SX 079533
357	SPERGULARIA MARINA	LESSER SEA-SPURRY	
358	SPERGULARIA RUBRA	SAND-SPURRY	
359	SPERGULARIA RUPICOLA	ROCK SEA-SPURRY	

	LATIN NAME	ENGLISH NAME	REMARKS
360	STACHYS ARVENSIS	FIELD WOUNDWORT	
361	STACHYS PALUSTRIS	MARSH WOUNDWORT	
362	STACHYS SYLVATICA	HEDGE WOUNDWORT	
363	STELLARIA GRAMINEA	LESSER STITCHWORT	
364	STELLARIA HOLOSTEA	GREATER STITCHWORT	
365	STELLARIA MEDIA	CHICKWEED	
366	STELLARIA ULIGINOSA	BOG STITCHWORT	
367	SYMPHYTUM OFFICINALE	COMMON COMFREY	
368	SYMPHYTUM X UPLANDICUM	RUSSIAN COMFREY	
369	TAMUS COMMUNIS	BLACK BRYONY	
370	TANACETUM VULGARE	TANSY	
371	TARAXACUM OFFICINALE	DANDELION	
372	TEUCRIUM SCORODONIA	WOOD SAGE	
373	THYMUS POLYTRICHUS	WILD THYME	
374	TORILIS JAPONICA	UPRIGHT HEDGE PARSLEY	
375	TRIFOLIUM ARVENSE	HARE'S-FOOT TREFOIL	
376	TRIFOLIUM CAMPESTRE	HOP TREFOIL	
377	TRIFOLIUM DUBIUM	LESSER TREFOIL	
378	TRIFOLIUM MICRANTHUM	SLENDER TREFOIL	
379	TRIFOLIUM ORNITHOPODIODES	BIRD'S-FOOT CLOVER	
380	TRIFOLIUM PRATENSE	RED CLOVER	
381	TRIFOLIUM REPENS	WHITE CLOVER	
382	TRIFOLIUM STRIATUM	KNOTTED CLOVER	
383	TRIPLEUROSPERMUM MARITIMUM	SEA MAYWEED	
384	TRITICUM AESTIVUM	BREAD WHEAT	
385	TULIPA GESNERIANA	GARDEN TULIP	
386	TUSSILAGO FARFARA	COLTSFOOT	
387	TYPHA LATIFOLIA	BULRUSH	
388	ULEX EUROPAEUS	GORSE	
389	ULMUS SP.	ELM	
390	URTICA DIOICA	COMMON NETTLE	
391	VALERIANA OFFICINALIS	COMMON VALERIAN	
392	VERBASCUM NIGRUM	DARK MULLEIN	

	LATIN NAME	ENGLISH NAME	REMARKS
393	VERBASCUM THAPSUS	GREAT MULLEIN	
394	VERONICA ARVENSIS	WALL SPEEDWELL	
395	VERONICA BECCABUNGA	BROOKLIME	
396	VERONICA FILIFORMIS	SLENDER SPEEDWELL	
397	VERONICA PERSICA	COMMON FIELD SPEEDWELL	
398	VERONICA SERPYLLIFOLIA	THYME-LEAVED SPEEDWELL	
399	VICIA CRACCA	TUFTED VETCH	
400	VICIA HIRSUTA	HAIRY TARE	
401	VICIA SATIVA ssp SEGETALIS	COMMON VETCH	
402	VICIA SEPIUM	BUSH VETCH	
403	VICIA TETRASPERMA	SMOOTH TARE	
404	VINCA MAJOR	GREATER PERIWINKLE	
405	VULPIA BROMOIDES	SQUIRRELTAIL FESCUE	
	<u>ADDENDA</u>		
406	EPELOBIUM BRUNNESCENS	NEW-ZEALAND WILLOWHERB	
407	LAMIASTRUM GALEOBDOLOM ssp ARGENTATUM	VARIEGATED YELLOW ARCHANGEL	
408	POLYGONUM ARENASTRUM	EQUAL-LEAVED KNOTGRASS	
409	ATHYRIUM FILIX-FEMINA	LADY-FERN	

BOUNDARIES OF 'PAR SANDS':

NORTH : SOUTHERN FENCE LINE OF IMERY'S HAUL RD.

EAST : CLIFF FACE AND FOOT OF POLMEAR HILL.

SOUTH : SEA

WEST : RIVER ADJACENT TO HARBOUR

REFERENCES

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